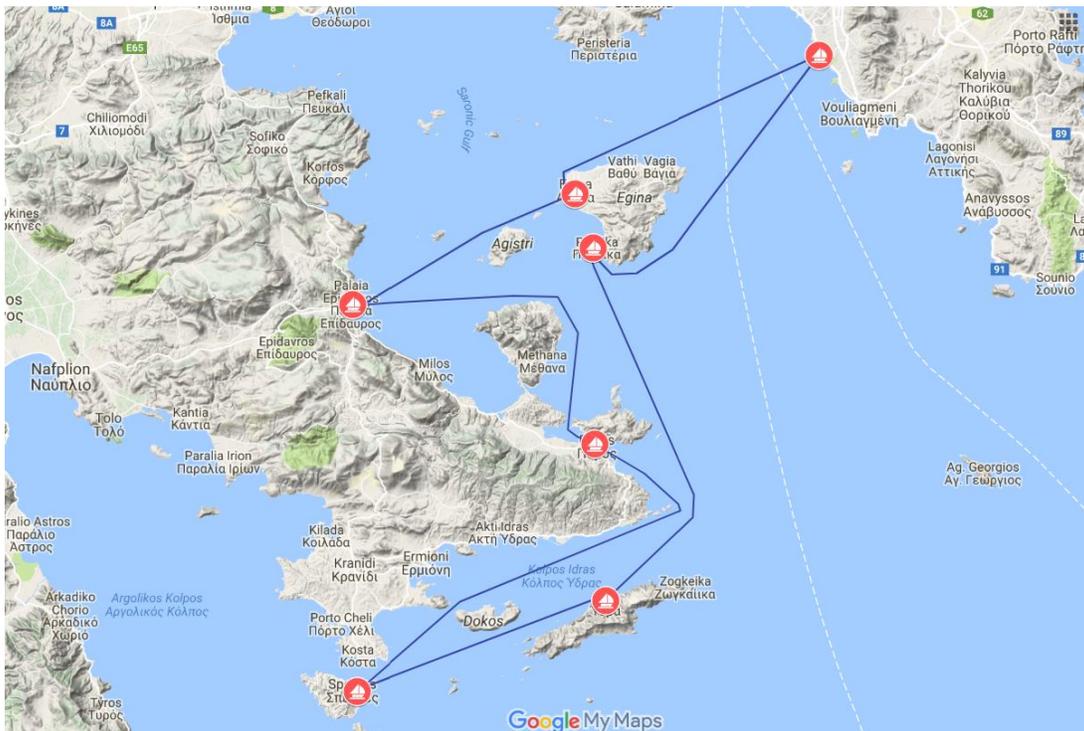




**Navigare Yachting’s 7-day suggested sailing route:**

**Elliniko – Saronic Gulf - Elliniko**

DAY	DESTINATIONS (from – to)	DISTANCE
1	Ag. Kosmas Marina – Aigina	18 NM
2	Aigina – Epidavros	15 NM
3	Epidavros – Poros	22 NM
4	Poros – Spetses	30 NM
5	Spetses – Hydra	15 NM
6	Hydra – Perdika (Aigina)	25 NM
7	Perdika – Ag. Kosmas Marina	18 NM



The Saronic area, divided in two parts (coast around Athens and the one around East Poros and Hydra), is a great place to start the sailing route as it is the most famous sailing area in Greece. Winds usually blow NE and the „Meltemi“ lasts from mid-July all the way to late September. These characteristics make it easy to go up to 5-6 (35 to 40 knots).

Sailing from Agios Kosmas Marina in Elliniko (Athens) is a perfect way to discover Saronic Gulf and Saronic islands. This 7-day sailing itinerary includes the islands of Aigina, Spetses, and Hydra, including Epidaurus on the Peloponnese semi-island.

### **Day 1: Ag. Kosmas Marina – Aigina (18 NM)**

Arrival to Navigare Yachting base in Elliniko. Check-in and provision. Leave for Aigina.

Elliniko is a perfect starting point on your Greek journey as it will introduce you to Greece's traditional cuisine (we recommend visiting Floisvos and Avli), beautiful nature (beaches Faros and Marathonas, and the Islet of Moni) and interesting historical surroundings.

The first destination is the Island of Aegina, located on the southwestern coast. It will keep you amused and amazed, as it has a lot of content to offer: fruit boats and supermarkets (if you need to provision your yacht, this is the place!), taverns on the town quay, and historical monuments (the Church of Aigos Nikolaios, Temple of Aphaea).

Both of these locations are full of charming little streets filled with local restaurants, bars and shops, so you will get a good view of the local way of life. Besides exploring the cities by foot, don't forget to also enjoy the crystal clear sea (by swimming and/or snorkeling)!



## **Day 2: Aigina – Epidavrus (15 NM)**

Epidavrus will overwhelm you with its rich cultural and historical locations. The Theatre of Epidavrus, enlisted on the UNESCO World Heritage Site, was constructed in the 4th century BC and still puts on plays during the summer months, so we highly recommend you visit a play as the theatre gives a unique acoustic experience. You should also visit the other monuments incorporated in the Sanctuary of Asklepios, such as: Temples of Artemis and Asklepios, the Tholos, the Enkoimeterion and the Propylaia. You can spend the rest of your time further exploring the acropolis ruins of Epidavrus.



### **Day 3: Epidavros – Poros (22 NM)**

Head to Poros. This island offers shopping, water sport and land activities – renting a bicycle/scooter or similar. For the kids, there are several bays and beaches to explore by swimming. Mega yachts, fishing boats and sailing yachts all share the marina, so if you want a good spot, you have to arrive by early afternoon.

There are many restaurants to choose from: we can recommend Oasis restaurant with the owner Mike, who always welcomes Navigare's clients and help to moor your yacht if you happen to get a spot right outside the restaurant.



#### **Day 4: Poros – Spetses (30 NM)**

Spetses, a very popular island for Athenians and Greeks visiting the area. It is known to be exclusive, with high quality restaurants, nice little boutiques and many bars. There are also many nice beaches that you can reach by horse carriage or by taxi boat across the bay to Porto Heli – mainland for swimming.

A hot tip from one of our crew members is to visit the restaurant “The old olive press – Liotrivi”. The restaurant is in a 200-year-old renovated olive press. The best tables are outside on the small pier in connection to the restaurant. Josefina’s tip for a great dish is the “pear ravioli with gorgonzola sauce and shredded almond on top.”



### **Day 5: Spetses – Hydra (15 NM)**

Hydra is a very charming island with no cars, so you can get around the island by donkey. This island is also very popular with Athenians and celebrities alike. Onassis is known for having brought famous people here to party.

The harbor is very small, and it is common to moor third, fourth line. The port itself is small and charming, and the close surroundings are worth a walk to see. We recommend a nice dinner followed by a drink at sunset. Hydronetta is a very nice bar to choose for a spectacular view of the beautiful sunset.



### Day 6: Hydra – Perdika (Aigina) (25 NM)

**Perdika.** Perdika, a village on the eastern coast of Aigina, is best known for its gastronomic and sports offers: here you can taste the best seafood, do a wide range of water sports, as well as enjoy the nature all around you. It is a great place to immerse yourself in the local way of life and traditions, as Perdika is an old fishing village with ancient architecture. When it comes to sailing, we advise to be careful when anchoring in the bay as the water can get quite shallow.

**Moni and Angistri islets.** Opposite Perdika you will find these two islets reachable by trip boats. They are renowned by their untouched nature, clear water and dense vegetation, all of which gives you a great mini getaway. Enjoy some time diving and snorkeling around many coves and caves that hide a rich sea life.



### Day 7: Perdika – Ag. Kosmas Marina (18 NM)

Return to the starting point, Ag. Kosmas Marina. Desembarkation.