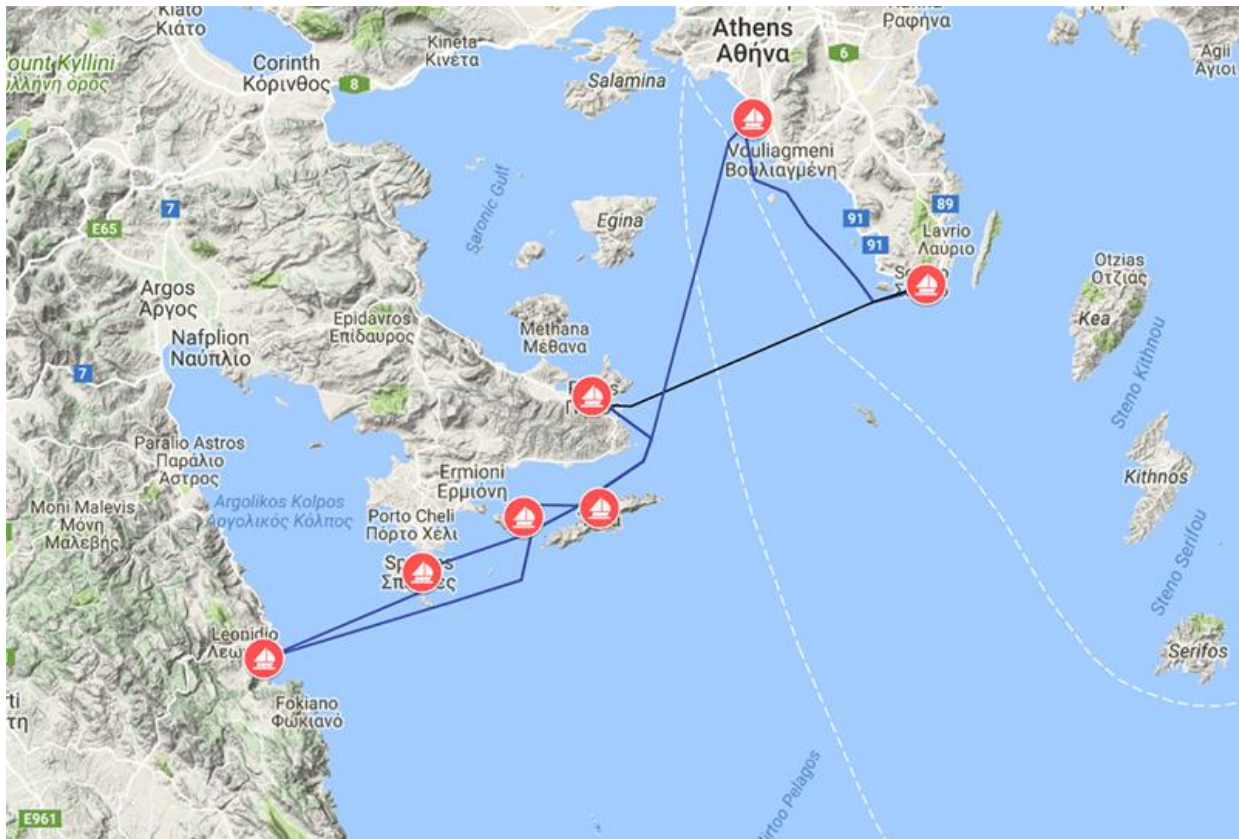




Sailing route one week Elliniko – Saronic Gulf – Elliniko

Sailing from Agios Kosmas Marina in Elliniko (Athens) is a perfect way to discover Saronic Gulf and Saronic islands. This 7-day sailing itinerary includes islands of Poros, Spetses, Dokos and Hydra, including Cape Sounion and Plaka on the Peloponnese semi-island.



Day 1, Saturday: Elliniko – Cape Sounion, 25 NM

Arrival to Navigare Yachting base in Elliniko. Check in and provision.



Leave for Cape Sounion. The bay at Akra Sounion is not a harbour, but can be a useful stop and to visit the 5th century temple of Poseidon. This is clearly visible on the Cape from a distance and is easily reached after a short walk. Anchorage at 37°39.2' N, 024°01.35' E.



Day 2, Sunday: Cape Sounion – Poros, 30 NM

Head to Poros (30 NM), this island offers shopping, water sport activities as well as land activities – renting a bicycle/scooter or similar. For the kids there are several bays and beaches to explore for swimming. Mega yachts, fishing boats and sailing yachts all share the marina so if you want a good spot you have to arrive by early afternoon.

There are many restaurants to choose from, we can recommend Oasis restaurant with the owner Mike who always welcome Navigare clients and help to moor your yacht if you happen

to get a spot right outside the restaurant.



Day 3, Monday: Poros – Spetses, 30 NM

Spetses, this island is very popular for Athenians and Greeks visiting the area. It is known to be exclusive with high quality restaurants, nice little boutiques and many bars.

There are also many nice beaches that you can reach by horse carriage or you can take a taxi boat across the bay to Porto Heli – mainland for swimming.

A hot tip from one of our crew members is to visit the restaurant “The old olive press – Liotrivi”. The restaurant is in a 200-year-old renovated olive press. The best tables are outside on the small pier in connection to the restaurant. Josefine’s tip for a great dish is the “pear ravioli with gorgonzola sauce and shredded almond on top.”



Day 4, Tuesday: Spetses – Plaka (Leonidio), 15 NM

Plaka, (this) little village is located on the Peloponnese – mainland. Well worth a visit with very welcoming people, restaurants and a big night club. There is a very nice beach to enjoy a lazy day in the sun. If you like to explore cultural sights, we recommend to take a taxi to the monastery situated on a hill top (4000 meters above sea level). Amazing view!

For dinner you should try Margret and Michael's restaurant. They may find you before you find them. Very nice people and good food.



Day 5, Wednesday: Plaka (Leonidio) – Island Dhokos, 29 NM

The island of Dhokos has no inhabitants so you anchor up in a natural bay and enjoy being one with the stars at night. Not much more is needed to say – if you have some nice company, food and drinks it's a great experience. The isolated island of Dokos or Dhokos has several anchorages. During the day, especially in the weekends, there are many boats here but, in the evening, it is very quiet. There is only one family on the island who runs a rather indifferent but expensive restaurant.



Day 6, Thursday: Dhokos – Hydra, 8 NM

Hydra (7 NM) – Hydra is a very charming island with no cars. You can get around the island by donkey. This island is also very popular with Athenians and celebrities alike. Onassis is known for having brought famous people here to party.

The harbor is very small, and it is common to moor third, fourth line. The port itself is small and charming and the close surroundings are worth a walk to see. We recommend a nice dinner followed by a drink at sunset. “Hydronetta” is very nice bar to choose for a spectacular view of the beautiful sunset.



Day 7, Friday: Hydra – Agios Kosmas, Elliniko, 35 NM

Agios Kosmas Marina – heading back to do check out by 17:00. It will take about 8 hours to reach Elliniko so it is advisable to start early and prepare some nice activities and lunch/snacks for the journey. If you are lucky you will have dolphins following you on the way back.

