



**Navigare Yachting's suggested sailing route:**  
**South-East Sardinia – Cagliari – Villasimius**

<b>DESTINATIONS</b>
<b>(from – to)</b>
Cagliari
Cagliari – Gulf of Angels
Cala Regina – Geremeas – Torre delle Stelle
Capo Carbonara
Isola dei Cavoli
Villasimius
Costa Rey

With this South-East sailing route in a favourable climate (mostly NW and SE winds) you will discover numerous breath taking sceneries you will never forget.

### **Base: Cagliari**

Cagliari, the capital of Sardinia, is a popular destination with so much to offer. From the waterfront, you can see amazing views as you enjoy local cuisine or a walk. The nightlife is also rich, as you can choose to explore three famous neighbourhoods: Castello, Marina and Stampace.



### **Cagliari – Gulf of Angels (6 NM)**

Gulf of Angels is one of the famous tourist destinations. A long sandy beach of Poetto surrounded by the Sella del Diavolo hill makes it a perfect location to enjoy the nature. There are many more beaches nearby that are more secluded and intimate. The first port on the way to Villasimius is the Marina di Capitana – Quartu S. Elena, where you can get all the provisions you might need.



### **Cala Regina – Geremeas – Torre delle Stelle**

On your way to Villasimius, we recommend making several stops at the villages on the way. There are no landing facilities, so it will give you a complete sailing experience.



### **Capo Carbonara**

Capo Carbonara is, along with Isola dei Cavoli and the Isle of Serpentara, a part of the Marine Protected Area. You can do a lot of sight-seeing to do here, whether you like to just stop and enjoy the nature, or you like to explore the local architecture. Some of the places where you can enjoy the nature are: Beach of Rice, Traias, Port Rush, Cava Usai, Notteri Pond. As for the architecture, you can visit the Old Town Bridge Tower and fortress, Punta Santo Stefano, the village of Santa Caterina, and the Tower of Port Rush. Before any water sport activities, we advise you to check the protected area's guidelines to avoid any fines.

### **Isola dei Cavoli**

In the south-eastern part of Capo Carbonara, you will find the *Cabbages Island*. You will be amazed by the combination of vegetation, rocky ground, sand beaches and ancient architecture. Apart from dipping into clear sea, you can see the old lighthouse from the 19<sup>th</sup> century and well as the statue of the protector of sailors, Our Lady of Castaway.



### **Villasimius**

After exploring interesting places on your way, you will finally reach the town of Villasimius. It is well known among both the tourists and the locals, so it is well equipped with a modern marina and all its facilities. Also, it is known for its rich vegetation typical for the Mediterranean.

### **Costa Rey**

Costa Rey is a seven kilometres long coast, which has a very changing landscape that will never get boring, as it combines secluded charming coves and long beaches.