



Itinerary 2: 7 DAYS

DAY 1: Marsh Harbour.

The third largest settlement in The Bahamas, Marsh Harbour is the commercial hub for the Abacos. With an airport served by international flights and a ferry service which allows island hopping the Abacos Cays. Visit the Neem farm and the Abaco National Park which features blue holes and the Abaco Parrot.

DAY 2: Hope Town.

Settled by British Loyalists in 1785, the quaint Hope Town has a unique history and picturesque architecture like no other in the Abaco. Overlooked by the red and white stripes of the Elbow Reef Lighthouse, Hope Town is best explored on foot.

DAY 3: Man-O-War Cay.

Discover the boat building capital of The Bahamas. The Albury family (who operate the Albury Ferry service) are still in the boat building business today, Joe Albury builds handcrafted boats from his workshop.

- **Albury's Sail Shop** a family owned business that has been in operation for three – generations on Man O War Cay. It is well- known for colorful fashionable items that are all made from sturdy canvas fabric, traditionally used for sails.
- **Man - O - War Heritage Museum** located in a small wooden home built in the 1800'S. On display are archival records, artifacts and historical materials relating to their boat building legacy.
- **Joe's Studio & Emporium** specialize in hand made wooden boat models and a variety of souvenirs. Joe is a recipient of the prestigious Cacique Award for outstanding work in Handicraft in The Bahamas.
- **Albury's Design**, a 3rd generation woodworker specializing in wooden boat models

DAY 4: Great Guana Cay.

Beautiful beaches, a picturesque settlement, spectacular sunsets and world-class sailing are the highlights of Great Guana Cay. Nippers Beach Bar and Grill is a renowned beach hangout, particularly on Sundays when they have their pig roast buffet.

DAY 5: Green Turtle Cay.

Home to a population of around 450, New Plymouth is the main settlement on the island where you will find the Albert Lowe Museum and Loyalist Heritage Sculpture Garden. Tour New Plymouth historical village, a small, sleepy 18th century village by the sea, with several restaurants, galleries, and gift shops, a museum and a few historical sites. The architecture of the older homes that make up much of the village is largely unique to the Bahamas.

Green Turtle Cay has some great diving and snorkeling sites along its outer reef. A fantastic base for discovering the Abacos unique marine life, it is within close proximity to the stingrays and sharks found at Manjack Cay as well as the swimming pigs of No Name Cay.

DAY 6: Powell Cay & Bonefish Cay.

If you venture out further north towards Spanish Cay, pristine white sand beaches and shallow creeks await. Your ideal stop to anchor and soak in the sun away from the crowds.

DAY 7: Treasure Cay.

Adorned with a stunning three and half mile-long white sand beach with a beautiful backdrop of turquoise blue ocean. Treasure Cay is a small island resort destination with a full-service marina, golf course, water sports and beach service.