



Itinerary 3: 10 DAYS

DAY 1: Marsh Harbour.

The third largest settlement in The Bahamas, Marsh Harbour is the commercial hub for the Abacos. With an airport served by international flights and a ferry service which allows island hopping the Abacos Cays. Visit the Neem farm and the Abaco National Park which features blue holes and the Abaco Parrot.

DAY 2: Treasure Cay.

Adorned with a stunning three and half mile-long white sand beach with a beautiful backdrop of turquoise blueocean. Treasure Cay is a small island resort destination with a full-service marina, golf course, water sports and beach service.

DAY 3: Coopers Town.

As you reach the village of Coopers Town, you won't tire of the turquoise waters and beautiful islands. Once on shore, take the opportunity to run any errands as the village offers several grocery stores and restaurants.

DAY 4: Green Turtle Cay.

Home to a population of around 450, New Plymouth is the main settlement on the island where you will find the Albert Lowe Museum and Loyalist Heritage Sculpture Garden. Tour New Plymouth historical village, a small, sleepy 18th century village by the sea, with several restaurants, galleries, and gift shops, a museum and a few historical sites. The architecture of the older homes that make up much of the village is largely unique to the Bahamas.

Green Turtle Cay has some great diving and snorkeling sites along its outer reef. A fantastic base for discovering the Abacos unique marine life, it is within close proximity to the stingrays and sharks found at Manjack Cay as well as the swimming pigs of No Name Cay.

DAY 5: Great Guana Cay.

Beautiful beaches, a picturesque settlement, spectacular sunsets and world-class sailing are the highlights of Great Guana Cay. Nippers Beach Bar and Grill is a renowned beach hangout, particularly on Sundays when they have their pig roast buffet.

DAY 6: Hope Town & Elbow Cay

Settled by British Loyalists in 1785, the quaint Hope Town has a unique history and picturesque architecture like no other in the Abaco. Overlooked by the red and white stripes of the Elbow Reef Lighthouse, Hope Town is best explored on foot.

DAY 7: Lubbers Quarters.

This gorgeous out-island located between Great Abaco and Elbow Cay offers protected shores and close proximity to deep water making it a sailing and fishing paradise.

DAY 8: Abaco National Park.

Established in 1994, this National Park, comprising 20,500 acres of pine forest in Southern Abaco, has been designated a preservation area by the Bahamas Government and is managed by The Bahamas National Trust. Included are 5,000 acres of pine forest, the nesting area and habitat of about 1000 endangered Abaco Parrots.

DAY 9: Little Harbour.

Enjoy a secluded anchorage at Little Harbour surrounded by the natural bounty of the beach and the caves on the west shore. Other highlights include renown Pete's pub and the Johnston's foundry. Take a tour of Pete's Pub Gallery and Bronze Sculpture Foundry, a classic beach restaurant/pub and only working sculpture foundry in the Bahamas. They are world famous for nature and oceanic inspired large sculptures, jewellery and much more.

Take a dip in the beautiful warm waters, while relaxing on the beach sip on a "blaster," their house specialty drink, which has multiple rums, fruit juices and a secret ingredient that gives it a little extra spice. The waters of Little Harbour will bring you back to a time when The Bahamas remained an undiscovered paradise.

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