Navigare Yachting – BVI 7-day Sailing Itinerary



The British Virgin Islands are one of the world's most popular sailing destinations for a reason... several reasons actually. Splendid weather, immaculate waters, gorgeous and romantic beaches, cays, and reefs – BVI has them all! There's also an endless variety of wonderful bars, restaurants, and nightlife options.

Here's a sample of what your ultimate BVI sailing holiday could be:

DAY 1 : Road Town to Spanish Town

From our base at Road Town, you'll sail east and enjoy a stop at The Baths, a world famous sailing landmark. Natural granite boulders descend dramatically into the sea, creating an epic destination to explore. There's a restaurant and bar at the top of The Baths and a scenic trail that winds down to Devil's Bay. A brief sail northward ends at Spanish Town, which hosts lovely shopping and waterfront dining options.

DAY 2 : Spanish Town to Virgin Gorda

The journey to Virgin Gorda is a lazy and fun sail towards the Gorda Sound, down the length of the gorgeous island. You'll pass through Savannah Bay and enter a beautiful, sheltered sound surrounded by wonderful places to play, including scenic reefs and tiny islands. This is an ideal area for swimming, snorkeling, paddle boarding, and exploring. When night falls, go ashore to sample the island's dining and entertainment delights, or anchor for a romantic evening beneath the stars.

DAY 3 : Virgin Gorda to Anegada

The island of Anegada is only 15 short miles away, along a glorious route of blue water sailing that lets you thrill amid the endless sun & sea. Anegada is a flat coral atoll, the only feature of its kind in the BVI. The location is almost totally pristine, with an amazing variety of island and undersea wildlife. Nature lovers can't miss Anegada and its amazing flamingos and ground iguanas.

DAY 4 : Anegada to Trellis Bay

Curving around to the east end of Tortola, rustic Trellis Bay is an appealing small village destination. Scrub Island and Guana Island offer sightseeing and recreation along the beaches. This is a day for exploring, playing in the water, and relaxing beneath the warm sun.

DAY 5 : Trellis Bay to Jost Van Dyke

Jost Van Dyke is the smallest of the four main British Virgin Islands but it's the most densely packed with sights and adventures. At Great Harbour and White Bay, you'll enjoy some of the most fun bars, restaurants, and nightlife in the islands, sipping tropical cocktails and swimming by day, listening to live music in a festive atmosphere by night. Nature lovers will enjoy the scenic hike into the rainforested hills above Great Harbour.

DAY 6 : Jost Van Dyke to Norman Island

The Narrows is the beautiful area of sea that separates Tortola from St. John. You'll thread the needle between Great Thatch and Little Thatch Islands, then curve southeast toward Norman

Island – this quaint destination is said to be the inspiration for Treasure Island. There are dozens of secluded coves and sunny bays to explore, and the warm waters are teeming with marine wildlife. This is a diving and snorkeling can't-miss destination.

DAY 7 : Norman Island to Road Town

It's your last day of sailing the unforgettable British Virgin Islands and there's still an adventure or two to be had. A stop at Peter Island is one last opportunity to explore sun-splashed bays, coves, and reefs. It's a short route and you can take your time returning to base, or arrive and explore Tortola to your heart's content.

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